



Berufsschule 2 Aschaffenburg

Seidelstraße 2

63741 Aschaffenburg

Tel: 06021 44995-0 | Mail: [kontakt@bs2ab.de](mailto:kontakt@bs2ab.de)



**Aim:** Introducing students to project work



Target group:

job integration  
classes

B1

advanced learners

**Time:** 64 hours at 45 minutes



## The project consists of 9 steps

1. Analysing a guidance text
2. Schedule and organisational process
3. General information
4. Questionnaire and graphical representation of the results in Excel
5. Personal sports and nutrition plan
6. Advertisement: Invitation letter with Word
7. Advertisement: Creating a flyer with Word
8. Creating the project folder
9. Creating a PowerPoint presentation

Reading out and structuring exercises of the guidance text

Writing exercises on cards and pinning to blackboard

Comparing cards with project folder

Teacher adds until all exercises are on the blackboard

Reading the guidance text again

Writing down exercises on worksheet

**Guidance Text**

Your class offers a health day for all students of your school. Under the slogan "Healthy living - for a lifetime" you want to show youths the benefits of a healthy life. You should be involved in the organization of this event.

**This is what you have to do:**

1. Create a to-do-List first. With this list you can prepare an organisation and time schedule. The schedule shows which work is done on which day by which person.
2. In the group you put together general information about healthy life.
3. Ask other students about the topic with a questionnaire (4 questions) and present the results of the survey graphically with an Excel chart.



## Schedule and organisational process

Entry point: Example of a Conversation and commenced schedule and organisational process

Dividing class into groups of 4 members  
Exercise: Who does what and when?

Creating schedule and organisational process with Microsoft Word

I ' the boss of the group!



## General information - What means healthy living?

### a) Advantages of healthy living or what happens if we live unhealthy?

Flashcard

Students arrange the cards into two  
categories: What happens if  
lead a healthy life?

lead an unhealthy life?

Writing down text on paper

Typing text in Microsoft Word



## General information - What means healthy living?

### b) Nutrition

Brief online research  
Brainstorming,  
text about food pyramid  
Bricolage  
Correction via Whiteboard  
Explaining in own words  
and letting write down

Typing text in Microsoft Word



## c) Sport

Gallery Walk

Prefabricated worksheets

Student picks favourite form of sport and fills in the appropriate worksheet

Student searches online for this form of sport and potential sports provisions in Aschaffenburg

Typing text in Microsoft Word





The students should get aware of their own nutrition and sports behaviour.

Questionnaire on own behaviour

How do I create a questionnaire?

Creating a questionnaire

four questions

Topic: Nutrition and sports behaviour

Interviewing schoolmates of their parallel class

Analysis of own questionnaire

Microsoft Excel: Creating chart



Students should think about their future sports and nutrition behaviour.

Creating an exemplary week

Termining exact meals

Integrating sports in their everyday lives

Creating an overview in Microsoft Word

BIK The Project / Personal diet plan Datum:

Complete your personal diet plan. Make sure that you follow the recommendations of the food pyramid.

My diet plan for the week of .....							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch							
Dinner							
Sports							

To advertise for the health day, an invitation letter must be created for the guests.

**German as a second language:**

Content of an invitation letter

**Learning scenario:**

Writing the invitation letter

Writing the invitation letter  
in Microsoft Word

contact details: name, mail, telephone

X  
X  
X  
Mister  
Martin Elsner  
Street House Number  
Postal code Place  
X  
X

---

reference , offer No      our reference      name telephone fax      Date

X      xy           14.12.2017

X  
X  
Subject: request for a detailed offer.  
X  
X  
Dear Sir / Madam,  
X  
Which actions are planned? for example:  
lecture, food stalls, information stands  
X

date  
time

X  
.....  
X  
.....  
X  
.....  
X  
.....  
X  
.....  
X  
.....  
X  
.....

X  
Sincerley yours      attachement  
X

To advertise for the health day, a flyer must be created.

## German as a second language:

Content of a flyer

## Learning scenario:

Tips and rules for the creation of a flyer

Creating a flyer in Microsoft Word



## Creating the project folder

Putting together all Word files

Designing the covering page

Making a list of contents

Performance record

Contemplation and list of sources

### TITLE PAGE

*Do-it-yourself*



→ To make your project portfolio look nice, you need a great first page! For example take a picture of your group.

#### Examination Project

Staatliche Berufsschule 2, Seidelstraße 2, 63741 Aschaffenburg

Title: **Healthy living - for a lifetime!**

Periode: 08.01. – 12.01.2018



Members of Group:

**Additionally to the project folder a PowerPoint presentation is created.**

Each student creates their own presentation.

Important content of the project folder

Each student hands in their project folder and presents their presentation.

Two teachers assess the presentation





**The true delight is in the finding out  
rather than in the knowing.**

**Isaac Asminov**